

Disorder	% rates in US adults in 2019*	% of mothers prior to the pandemic**	% rates in our sample	% of adults drawn from April - May (Census % of mothers of preschoolers during COVID-19**	% of mothers of school-aged children during COVID-19**
Anxiety	8.2	18	34	30.8	32.6
Depression	6.6	9	27	23.5	42.55

*Data drawn from Twenge, J. M. & Joiner, T. E. (2020). U.S. Census Bureau-assessed prevalence of anxiety and depressive symptoms in 2019 and during 2020 the COVID-19 pandemic. *Depression and Anxiety*, 37, 954-956. doi: 10.1002/da.23077.

**Data drawn from Cameron, E.E., Joyce, K.M., Delaquis, C.P., Reynolds, K., Protudjer, J.L.P., & Roos, L.E. (2020). Maternal psychological distress and mental health service use during the COVID-19 pandemic. *Journal of Affective Disorders*, 276, 765-774. doi: 10.1016/j.jad.2020.07.081